



LIABILITY RELEASE



I, being **21 years of age or older**, do for myself (and for or on behalf of my child participant, if said child is not of age or older) do hereby release, forever discharge and agree to hold harmless

Cheaha Creative Arts (CCA's) & the Anniston City Board of Education

and the directors thereof from any and all liability, claims or demands for personal injury, sickness or death, as well as property damages and expenses, of any nature whatsoever which may be incurred by the undersigned and/or the child participant that occur while said is participating in the program activities.

Furthermore, I (and for or on behalf of my child participant, if under the age of 21 years) hereby assume all risk of personal injury, sickness, death, damage and expense as a result of participation in recreation and work activities involved therein.

The undersigned further hereby agrees to hold harmless and indemnify said organization, its directors, employees, for any liability sustained as the result, of negligent, willful or intentional acts of said participant, including expenses incurred attendant thereto.

(If the participant has not attained the age of 21 years):

I (we) are the parent(s) or legal guardian(s) of this participant, and hereby grant our (my) permission for him/her to participate fully in said event and hereby give our permission to take said participant to a doctor or hospital and hereby authorize medical treatment, including but not limited to emergency surgery or medical treatment, and assume the responsibility of all medical bills, if any/

Further, should it become necessary for the participant to return home due to medical reasons, disciplinary action or otherwise, I (we) hereby assume all transportation costs.

Print name of the participant: _____ Date: _____

Signature of the participant

Parent/Guardian(s) _____



CHEAHA creative arts

CELEBRATING & PROMOTING THE ARTS

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cheahacreativearts.org

A Recognized 501 (c) (3) Not-for-Profit Organization



Circa 1914
Historic Gov. Thomas E. Kilby House
1201 Woodstock Avenue
Anniston, AL 36207

THE NATIONAL REGISTER KILBY HOUSE AFTER SCHOOL FINE ARTS PROGRAM

Providing Fine Arts Education At An Affordable Cost

Ballet Program Application



Corporation: Rose Munford, **President**
Vacant, **Marketing**
Anne King, **Volunteer**

Board of Directors: Angela Beichley, **President**
Michelle Donovits, **Vice-President**
Dottie Rimpsey, **Secretary**, Judy Gooden, **Treasurer**
Member (s): Elizabeth Whatley, Derrell Calloway,
Sarah Cavender, Sebrena Foster, Jerry Adkins



**CCA Ballet Program
Participant Information**



Student Name: _____ Age: _____ Email: _____

Cell (optional - will be used for announcements regarding classes, rehearsals and

Performances **only**): (_____) _____ - _____

Parent/Guardian (s) Name (s): _____

Parent/Guardian (s) Email (s): _____

Home Phone: (____) ____ - ____ Cell: (____) ____ - ____ Work: (____) - ____

Ballet Experience? Y/N If yes, please list type and years studied: _____

Medical Conditions: _____

Emergency Contact (must be **different** from above information); In an event the father and mother cannot be reached, these persons should be contacted regarding any situations which any officer, agent or employee of the Anniston City and the Calhoun County School systems find to be an emergency situation involving the student:

Name: _____ Phone: (____) ____ - ____

Relationship: _____ Optional No. (____) ____ - ____

Genres of Interest: Ballet Modern Contemporary/Freestyle/Hip Hop

Dance Line/Team

Hobbies/Interests: _____

Favorite Subject: _____ Birthday: _____

Something you would like the instructor to know about you:

Something you would like the world to know about you:



**CCA Ballet Program
Participant Information**



Dear Student, Parent (s) and/or Guardian (s),

Thank you for your interest in **Cheaha Creative Arts, Inc. (CCA)** Ballet Program. **CCA BALLE**T program provides fundamental concepts, knowledge, techniques and skills for various ballet techniques including:

Ballet can culturally enrich the lives of the students from the Calhoun County area through better physical fitness and endurance.

The ballet program is taught in an open group format to a maximum class size of ten (**10**) students by one instructor for two (**2**) one (**1**) hour class sessions for various age range groups of students twice per month during the scheduled school year period at a cost of **\$20/Month**. Students are taught the five basic positions of the arms/feet; Perform warm-up exercises, stretches of the five basic positions of the arms/feet; Demonstrating the positions without difficulty; Perform a short routine to music using the five arm/feet positions through the graceful movement of ballet, progressively advancing in the study of modern ballet by continuing in the program.

The focus of this class will be to train students to:

Warm-Up

Instruction in modern ballet requires basic warm-up activities to help reduce the possibility of injury. The teacher may lead the class in stretching and basic physical activity to allow students to warm-up their muscles and be prepared to perform simple and complex movements most individuals do not perform during normal day-to-day activities.

Technique

Ballet often involves honing skills on specific techniques to perfect a specific style of dance. Dance teachers assist students in learning specific Techniques required to improve the students' dance skills. This can include skills such as leg and arm extensions and positions, toe pointing, spinning, jumping and proper foot movements.

Dance

Once techniques have been learned, the ballet teacher will instruct students on different dance styles to allow students to showcase their abilities and combine the techniques to create complete dance routines. Most students will perform these routines in front of an audience to showcase their skills.

Thank you again for your interest in the **Cheaha Creative Arts Ballet Program** and we look forward to working with you and your child.